



The Healing Power of Poetry with Adele Leahy and Bernard Kenny

***Renowned Poet, Performer, Blogger,
Comedian and Author***



In this six week course we will read and learn from some of the greatest poets. Then we write. We can learn some of the rules but there really are no rules in poetry. It is the essence of your spirit poured onto a page. Looking at life through our own unique experiences, we learn the healing power of poetry. Materials and refreshments will be provided. Everyone is welcome onto the course and no prior experience in poetry is necessary.

Course Fee: €10 for course

Date: Every Wednesday starting 4th June to 9th July

Time: 11am-1pm

**Location: Core Ireland, Unit 3, Meath Enterprise Centre,
Trim Road, Navan, Co. Meath C15 RT61**

For more information please contact:

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