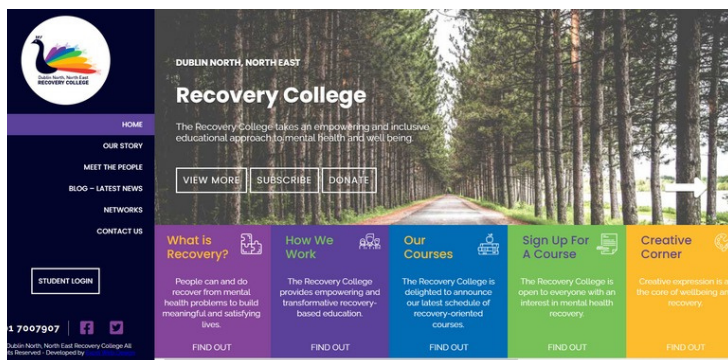




Dublin North, North East  
**RECOVERY COLLEGE**

**JOIN OUR GROWING COMMUNITY.  
THE FIRST STEP IS TO VISIT OUR  
WEBSITE**

**[WWW.RECOVERYCOLLEGE.IE](http://WWW.RECOVERYCOLLEGE.IE)**



- ON OUR WEBSITE YOU CAN**
- **FIND OUT HOW WE WORK**
  - **SEE COURSE INFORMATION**
  - **SIGN UP FOR COURSES**
  - **READ OUR BLOG**
  - **SUBSCRIBE TO OUR NEWSLETTER**

**ALSO CHECK US OUT ON SOCIAL MEDIA**



**DNNERECOVERYCOLLEGE**



**@DNNERECOVERYCOL**

## **OUR LOCATIONS INCLUDE:**



**RECOVERY COLLEGE ROOM, HEALTHY LIVING  
CENTRE, DUBLIN CITY UNIVERSITY, DUBLIN 9**

**DUNDALK INSTITUTE OF TECHNOLOGY DEPT. OF  
NURSING, MIDWIFERY AND  
HEALTH, DUNDALK**

**NAVAN ENTERPRISE CENTRE, MEATH**

**PARTICIPATING FAMILY RESOURCE CENTRES**

**PARTNER COMMUNITY RESOURCE SPACES**



**CONTACT US**

**DUBLIN NORTH, NORTH EAST  
RECOVERY COLLEGE**

**PHONE: (01) 700 7907**

**MOBILE: 085 184 7044**

**E-MAIL:**

**[RECOVERYCOLLEGE@DCU.IE](mailto:RECOVERYCOLLEGE@DCU.IE)**

**WEBSITE:**

**[WWW.RECOVERYCOLLEGE.IE](http://WWW.RECOVERYCOLLEGE.IE)**

# OUR STORY

THE DUBLIN NORTH, NORTH EAST RECOVERY COLLEGE PROVIDES TRANSFORMATIVE MENTAL HEALTH & SUBSTANCE USE RECOVERY EDUCATION PROGRAMMES TO ADULTS THROUGHOUT THE NORTH DUBLIN, LOUTH, MEATH AND SURROUNDING AREAS.

LAUNCHED IN OCTOBER 2016 WITH THE PROGRESSIVE AIM OF CREATING AN INCLUSIVE CULTURE OF RECOVERY EDUCATION WITHIN THE COMMUNITY,

BY AUGUST 2018 THE COLLEGE ESTABLISHED EDUCATION AND COMMUNITY DEVELOPMENT PROGRAMMING THROUGHOUT THREE COUNTIES.

OUR COURSES CHANGE REGULARLY AND OUR CONTENT IS USUALLY DEVELOPED BY THE STUDENTS AND INTERESTED CO FACILITATORS FROM THE COMMUNITY.

THE FOLLOWING ARE SAMPLES OF RECENT COURSES:

Act the Maggot

Expressive Art Group

Hearing Voices

Dual Diagnosis Awareness

SONG CRAFT



## ADULT EDUCATION

THE DNNE RECOVERY COLLEGE TAKES A PARTNERSHIP APPROACH TO DELIVER OUR COOPERATIVE LEARNING PROGRAMMES THROUGHOUT A HOST OF EDUCATIONAL AND COMMUNITY SITES. WORKING TO ACHIEVE AN INCLUSIVE CULTURE OF RECOVERY IN THE COMMUNITY, OUR PROGRAMME DESIGN AND DELIVERY INCLUDES AS MANY STAKEHOLDERS AS IS MEANINGFULLY POSSIBLE.

SINCE 2020 THE COLLEGE HAS BECOME MORE ACTIVELY INVOLVED AND FUNDED FOR COMMUNITY BASED RECOVERY EDUCATION AND CAPACITY BUILDING, INCLUDING ERASMUS EUROPEAN PARTNERSHIPS, WITH EVOLVING PARTNERSHIPS AND EXPANDING NATIONAL ACTIVITIES REFLECTING THIS.



## COMMUNITY DEVELOPMENT

RECOVERY COLLEGE TAKES A COMMUNITY DEVELOPMENT APPROACH SUPPORTING PEOPLE TO ENGAGE IN MEANINGFUL WAYS BEYOND THE PRIMARY SCOPE OF COURSE PARTICIPATION.

OUR COMMUNITY INITIATIVES INCLUDE:



## NORTH DUBLIN TRIALOGUE

IN TRIALOGUE WE COME TOGETHER, SIT IN A CIRCLE AND TALK TOGETHER – BUT MOST IMPORTANTLY WE LISTEN TOGETHER. THE HOPE IS TO SHARE, TO GAIN INSIGHT AND TO LEARN FROM EACH OTHER AND WITH EACH OTHER.

## STUDENT LED OPEN DAYS

OUR STUDENTS HAVE BEEN INVOLVED IN OPEN DAYS, SUCH AS THE WINTER WELL-BEING DAY, WHICH WAS A GREAT SUCCESS AND SO FAR TWO FIRST FORTNIGHT CREATIVE EVENTS A 'TIME TO SING & HEAL' AND JOURNEYS 'WHAT I KNOW NOW'

