

North Dublin Area - Summer Courses

Understanding the experience of Voice Hearing

This course aims to help participants develop an understanding of the experience of Voice Hearing and helpful responses to it.



On this course, students will explore:

- What is it like to hear voices that no-one else hears?
- Why do people hear voices?
- Understanding the purpose that voices play in people's lives.
- Developing an understanding of coping strategies.
- Developing ways of working with voices.

Date: May 8th (11am-2pm)

Format: Introductory Workshop

Venue: Recovery College Room

DCU School of Nursing & Human Sciences



Dublin North, North East
RECOVERY COLLEGE

To register, contact the Recovery College:

phone- 01 7007907

email- recoverycollege@dcu.ie

website- www.recoverycollege.ie

