

## THE DUBLIN NORTH, NORTH EAST RECOVERY COLLEGE

in collaboration with DCU School of Nursing and Human Sciences  
*Invites you to attend* **Summer Courses 2019**

### ***Song creation collective!***

This musical adventure continues to explore the transformative effect that music and song writing can have on our mental health, supporting participants towards working collaboratively and creatively to perform for fun.



### **On completion of this course learners will explore:**

- Singing, performance and writing melodies
- Song writing structure
- Rhythm and percussion
- Lyric writing
- Collaboration; using creative group work techniques

**Course start date: Thursday April 4th**

**Time: 6.30- 8.30pm**

**Format: 4 weekly evening sessions**

**Venue: Interfaith Centre, DCU**



**To register, contact the Recovery College:**  
**phone-** 01 7007907  
**email-** [recoverycollege@dcu.ie](mailto:recoverycollege@dcu.ie)  
**website-** [www.recoverycollege.ie](http://www.recoverycollege.ie)

