

Dublin North, North East Recovery College Summer Schedule 2019:

Nth Dublin Courses

Song Creation Collective'

- **Start Date:** Thursday April 3rd
- **Venue:** DCU Interfaith Centre

'Recycle Me'

- **Start Date:** Thursday May 2nd
- **Venue:** DCU Interfaith Centre

'Understanding the experience of voice hearing.'

- **Start Date:** Wednesday May 8th
- **Venue:** Recovery College Room, DCU

'So, What the Hell is Coproduction?'

- **Start Date:** Wednesday June 5th
- **Venue:** DCU Recovery College Room

'Self Love Programme'

- **Start Date:** Tuesday July 5th
- **Venue:** Fingal Adult Education Service
- **Format:** Six weekly two hour morning sessions, 11am - 1pm

'Understanding and Dealing with Stigma'

- **Start Date:** To Be Confirmed
- **Venue:** DCU Recovery College

Louth Area Courses

'Is it Me or is it the Meds

- **Start Date:** Friday May 10th
- **Venue:** DKIT, Dept. of Nursing, Midwifery and Health Studies

'Self Love Programme'

- **Start Date:** Week of May 20th, Date TBC
- **Venue:** Drogheda Institute of Further Education
- **Format:** Six weekly two hour afternoon sessions,

'Mothers Heart Circle – Maternal Mental Health'

- **Date:** Tuesday May 21st
- **Venue:** DKIT, Dept. of Nursing, Midwifery and Health Studies

'Understanding the experience of voice hearing.'

- **Start Date:** Thursday May 30th
- **Venue:** DKIT, Dept. of Nursing, Midwifery and Health Studies

Meath Area Courses

Understanding and Renegotiating trauma in our lives'

- **Start Date:** Tuesday April 30th – Wednesday May 1st
- **Venue:** Newgrange Hotel Navan

'What I know now – Creative Writing'

- **Start Date:** Wednesday May 15th
- **Venue:** Claremont Stadium Community Centre, Navan
-

'Facilitation Skills Training'

- **Start Date:** Monday 20th May
- **Venue:** Claremont Stadium Community Centre, Navan

'Understanding and Dealing with Stigma'

- **Start Date:** To be confirmed
- **Venue:** Kells Family Resource Centre



To register, contact the Recovery College:

phone- 01 7007907

email- recoverycollege@dcu.ie

website- www.recoverycollege.ie