

ARI CHO 8 Steering Group in collaboration with the Dublin North, North East Recovery College

So, what the hell is Coproduction?

This cooperative learning programme explores the value of genuine transformative coproduction approaches in mental health settings, supporting participants towards working collaboratively in the development and delivery of recovery orientated education, supports and services.



Facilitators: Catherine Sweeney & Martha Griffin

On completion of this course learners will explore:

- The history and value of coproduction approaches.
- Collaboration using creative group work techniques.
- Power sharing and meaningful participation,
- Importance of trust, collective risk-taking and team work.
- The value of strengths based approaches to mental health

Course start date: Tuesday 13th November

Format: Three Half day sessions (9.45am – 2.00 pm) with light lunch provided

Venue: Newgrange Hotel Navan

This course is open to people who use work in and support people in the Louth / Meath Mental Health Services. For more information about these courses go to:

www.recoverycollege.ie/our-courses

To register, contact the Recovery College:

phone- 01 7007907

email- recoverycollege@dcu.ie

website- www.recoverycollege.ie



Dublin North, North East
RECOVERY COLLEGE

