

THE DUBLIN NORTH, NORTH EAST RECOVERY COLLEGE
in collaboration with the DCU School of Nursing and Human Sciences

invites you to attend . . .

Autumn Courses 2018

Make Meetings Matter

Have you ever wanted to take a more active role with a group? Learn how meetings work, get more involved and develop hands on skills.



On this course, students will explore:

- *Communication*
- *Group dynamics and conflict management*
- *Types of Meetings, formal roles, knowing your mandate*
- *Agenda setting and minute taking*
- *Mock meetings*

Course start Date: Tuesday October 9th

Format: 4 weekly two hour sessions

Venue: Recovery College, DCU School of Nursing and Human Sciences

The Recovery College welcomes everyone with an interest in mental health wellbeing and recovery. For more information about these courses go to:

www.recoverycollege.ie/our-courses

To register, contact the Recovery College:

phone- 01 7007907

email- recoverycollege@dcu.ie

website- www.recoverycollege.ie



Dublin North, North East
RECOVERY COLLEGE

