

## Summer Courses 2018

### The Healing Voice Workshops

This six week workshop series is for anyone interested in voice & sound as a source of healing, courage, power and fun.



*' Something magical happens when we reconnect with this source and reclaim the power of our own unique voice. '*

*Facilitators: Emer Dolphín & Marian Reilly*

**Learning outcomes** – on completion participants will:

- Work with singing, silence, movement & play.
- Move into a new relationship with your creativity.
- Tap into our innate ability to heal ourselves
- Experience the freedom to sing from your heart
- Get introduced to the 'Naked Voice' methodology

**Dates (Provisional):** Tuesdays 8<sup>th</sup> May – June 12<sup>th</sup>

**Venue:** Interfaith Centre, DCU

**Format:** Six weekly 2.5 hour sessions

**To register, contact:**

**phone-** 01 7007907

**email-** [recoverycollege@dcu.ie](mailto:recoverycollege@dcu.ie)

**website-** [www.recoverycollege.ie](http://www.recoverycollege.ie)



The Recovery College welcomes everyone with an interest in mental health wellbeing and recovery. For more information about these courses go to: [www.recoverycollege.ie/our-courses](http://www.recoverycollege.ie/our-courses)

